### Trainers Core Competency Framework (Overview Table)

<table>
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<th>Intrapersonal (Being) Competencies</th>
<th>Interpersonal (Relating) Competencies</th>
<th>Cognitive (Knowing) Competencies</th>
<th>Action (Doing) Competencies</th>
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</table>
| **Transformative Learning Competencies** | **TL1:** Develop self-awareness of thoughts, emotions, behaviours and intuitions  
**TL2:** Be adaptable in the role as trainer or catalyst  
**TL3:** Develop clarity in your purpose, values, vision, commitment and motivation to learning  
More details on these competencies | **TL4:** Create a group container and supportive learning environment  
**TL5:** Sense and respond to group dynamics in service of learning  
**TL6:** Create safe spaces that can work effectively with discomfort  
More details on these competencies | **TL9:** Be able to design, host and / or support a range of non-linear, non-traditional learning experiences and journeys  
**TL10:** Anchor learning in experience and practice  
**TL11:** Address the needs and potential of trainers themselves  
More details on these competencies |
| **Blended Learning Competencies** | **BL1:** Develop self-awareness in technological learning environments  
More details on these competencies | **BL2:** Nurture engaging and safe online and offline / in-person environments for participants  
More details on these competencies | **BL7:** Design, facilitate & manage blended learning environments and pathways  
**BL8:** Facilitate technologically enhanced learning  
More details on these competencies |
| **Socio-Ecological Competencies** | **SE1:** Recognise multiple identities, intelligences and worldviews  
**SE2:** Nurture healthy and constructive mental habits or patterns and demonstrate life affirming dispositions and attitudes  
More details on these competencies | **SE3:** Engage diverse audiences and sectors  
**SE4:** Communicate complexity in accessible ways  
**SE5:** Engage participants in building community and working collectively  
**SE6:** Respond and adapt to specific bio-cultural and values-based contexts  
More details on these competencies | **SE11:** Evolve learning opportunities collectively in response to specific socio-ecological context  
**SE12:** Catalyse, facilitate and multiply progressive collective action  
**SE13:** Harness existing competencies in all disciplines in service of socio-ecological transition  
**SE14:** Be able to design, plan and implement socio-ecological projects and initiatives  
**SE15:** Develop experience of regenerative and ethical lifestyles, at individual & collective levels (Walk your talk)  
More details on these competencies |
| **General Competencies that combine INTRAPERSONAL, INTERPERSONAL, ACTION & COGNITIVE DOMAINS** | **G1:** Be well organised & capable of managing a range of situations  
**G2:** Be able to engage in and support relevant Communities of Practice  
**G3:** Be able to innovate & be creative when appropriate  
**G4:** Be able to demonstrate appropriate pioneer and leadership qualities  
**G5:** Develop personal and collective resilience  
**G6:** Be able to cost, market and administer learning programmes  
More details on these competencies | | |